

# SPORTS

## ★ "Boot camp"

Recall the glory days of boot camp while getting into shape for the fitness test.

The intense aerobic class includes pushups, sit-ups and other boot camp style exercises.

Classes are **Tuesdays**, 5 p.m., at the East Fitness Center.

Call 846-1073.

## ★ Handball club

No initiation fees, no dues, no meetings; only competitive handball games.

Courts 2 and 5 are reserved from 11 a.m.-1 p.m. for challenge games.

New members are always welcome.

Call 846-2454.

## ★ Combat Club

Close Quarter Combat club meets **Tuesdays** and **Fridays** at the Rio Grand Community Center from 11 a.m.-noon.

Learn real-world hand, stick and knife combatives in this class of street fighting survival strategies.

Call 846-9148.

## ★ Lunch Crunch

The East Fitness Center has the Lunch Crunch, **Mondays**, **Wednesdays** and **Fridays**, 12:30-1 p.m.

The aerobics class focuses on abs, thighs and glutes. Call 846-1102.

## ★ Aerobics class

The Low-Impact Aerobics class. It will now start at 9:30 a.m. on **Monday**,



Photo by Todd Berenger

## Scorpions salute military

Col. Hank Andrews, commander of the 377th Air Base Wing, performs the traditional opening face-off to start the New Mexico Scorpions' Salute to the Military hockey game at Tingley Coliseum against the Oklahoma City Blazers Dec. 6. Receiving the puck are (left) Chris Richards, assistant captain for the New Mexico Scorpions, and Blair Manning, captain for the Oklahoma City Blazers. Scorpion team members donned a special camouflage style jersey they created in honor of the military for that evening's game.

**Wednesday**, and **Friday**.

## ★ Ski trips

Outdoor Recreation is offering the following ski trips:

-Taos Ski Valley, **Dec. 13**, 5:30 a.m.-7 p.m., \$48 (no snowboarders).

-Red River, **Dec. 20**, 5:30 a.m.-7 p.m., \$58.

-Sipapu, **Dec. 27**, 5:30 a.m.-7 p.m., \$60.

All trips include ski/snowboard rental, lift ticket and transportation.

Call 846-1499.

## ★ Spinning class

Indoor cycling classes are held at the East Fitness Center, **Monday through Thursday** at 6 p.m. and **Saturdays** at 1 p.m.

Call 846-1073.